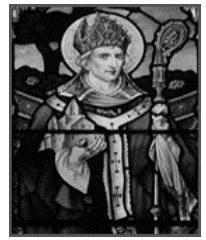




ST WILFRID'S CATHOLIC CHURCH
ST. WILFRIDS COTTAGE, 97 LORRIMORE RD, KENNINGTON PARK, SE17 3LZ
TEL: 0203 904 3614 Website: www.swkp.org.uk
Priest: Fr. Tomasz Wargacki - kenningtonpark@rcaos.org.uk
Deacon: Rev. John Greenwood - WJohngreenwood@aol.com
Catholic TV with Holy Mass and Programs - www.ewtn.com



Safeguarding Representative - kenningtonparksg1@safeguardrcaos.org.uk

THE MONTH OF MARCH IS DEDICATED TO ST JOSEPH
WEEK COMMENCING 6th MARCH 2022 - YEAR C – CYCLE II

Saturday 5 th 5.00pm	SUNDAY VIGIL <i>Holy Mass - Gifts of The Holy Spirit upon Emmanuel Areoye</i>
Sunday 6 th 8.30am 10.00am 12.00pm 3.00pm	FIRST SUNDAY OF LENT <i>Holy Mass – People of The Parish</i> <i>Holy Mass – Rappai R.I.P.</i> <i>Holy Mass – Gifts of The Holy Spirit upon Emmanuel Areoye</i> HOLY HOUR
Monday 7 th	FERIA NO MASS
Tuesday 8 th 9.30am 10.00am	FERIA Exposition of The Blessed Sacrament and Rosary <i>Holy Mass – Gifts of The Holy Spirit upon Emmanuel Areoye</i>
Wednesday 9 th 9.30am 10.00am	FERIA Exposition of The Blessed Sacrament and Rosary <i>Holy Mass – Gifts of The Holy Spirit upon Emmanuel Areoye</i>
Thursday 10 th 9.30am 10.00am	FERIA Exposition of The Blessed Sacrament and Rosary <i>Holy Mass – Gifts of The Holy Spirit upon Emmanuel Areoye</i>
Friday 11 th 9.30am 10.00am 10.30am 5.30pm 6.00pm 6.30pm	FERIA Exposition of The Blessed Sacrament and Rosary <i>Holy Mass – Conversion of Anthony Tonchev Birthday intention</i> <i>Stations of The Cross</i> Exposition of The Blessed Sacrament and Rosary <i>Holy Mass – Bartley McGovern R.I.P.</i> <i>Stations of The Cross</i>
Saturday 12 th 9.30am 10.00am 5.00pm	BLESSED VIRGIN MARY Exposition of The Blessed Sacrament and Rosary <i>Holy Mass – Raquel Elvfiote Birthday Intention</i> <i>Holy Mass – James Walsh R.I.P.</i>
Sunday 13 th 8.30am 10.00am 12.00pm	SECOND SUNDAY OF LENT <i>Holy Mass – Laura Clavijo R.I.P.</i> <i>Holy Mass – Aymar Koyabnzoua R.I.P. Birthday Intention</i> <i>Holy Mass – James Forest R.I.P. Anniversary</i>

THE SANCTUARY LAMP

Burning this week for:

Peace upon The World, especially upon Ukraine

Requests via the sacristy, recommended donation £10



THANK YOU FOR LAST SUNDAYS COLLECTIONS

1ST Collection: £ 469,92

Maintenance: £ 329,31

TOTAL: £ 799,23

May Our Lord reward you for your kind generosity

SECOND COLLECTION

Please be generous in the 2nd collection which pays for the ongoing maintenance of our Church

CONFESSION

Tuesday – Friday – 10.40-11.00am

Saturday – 10.40am and 4.30pm-4.50pm

Sunday – 8.00-8.20am; 9.30-9.50am; 11.30-11.50am

Archdiocese of Southwark Spirituality Commission Saving Grace A retreat for Lent, introduced by Archbishop John Wilson, led by members of the Spirituality Commission

Background information about the retreat can be found at: www.southwarkdsc.org.uk/savinggrace

THREE THINGS TO DO FOR LENT

Lent is a positive and strengthening experience ... a time to become the person you always wanted to be. Lent, we are told is a time for fasting and abstinence, almsgiving and prayer. Here are three things for you to do during Lent. **Fasting and Abstinence.** Keep your meals small and simple during Lent. This is not a slimming exercise. The thinking behind fasting and abstinence is that we strengthen our spiritual life by weakening physical pleasures. Fasting means reducing the amount of

food that we would normally eat. Abstinence means not eating a particular food (meat). The law of Fasting binds all those who are between eighteen years of age and sixty years of age. The law of Abstinence binds everyone (except for the frail and the sick) once they have reached their fourteenth birthday. **Almsgiving.** We are bombarded with requests for money from a huge number of charities. Identify a charity that means something to you find out what they do and make a contribution. If you can't afford to give money, give your time. **Prayer.** Our lives are so hectic that we often forget to set aside a few quiet moments in which to talk to God. During Lent, postpone breakfast television for a few moments and make a prayer. In the evening encourage your children to say a night time prayer before bed.
