



**ST WILFRID'S CATHOLIC CHURCH**  
**ST. WILFRIDS COTTAGE, 97 LORRIMORE RD, KENNINGTON PARK, SE17 3LZ**  
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**THE MONTH OF MARCH IS DEDICATED TO ST JOSEPH**

**WEEK COMMENCING 5<sup>th</sup> MARCH 2023 - YEAR A – CYCLE I**

<b>Saturday 4<sup>th</sup></b> 5.00pm	<b>SUNDAY VIGIL</b> <i>Holy Mass – Baby Dermot Daly R.I.P.</i>
<b>Sunday 5<sup>th</sup></b> 8.30am 10.00am 11.00am 12.00pm  3.00pm	<b>SECOND SUNDAY OF LENT</b>  <i>Holy Mass – People of the Parish</i> <i>Holy Mass – Piotr, Marzena and Family</i> <i>Coffee and Tea – Church Hall</i> <i>Holy Mass – Vida Lyons Thanksgiving and Family Tree</i> <b>HOLY HOUR</b>
<b>Monday 6<sup>th</sup></b>	<b>FERIA</b> <b>NO MASS</b>
<b>Tuesday 7<sup>th</sup></b> 9.30am 10.00am	<b>FERIA</b> Exposition of The Blessed Sacrament and Rosary <i>Holy Mass – Lucy Catherine Nicholas R.I.P.</i>
<b>Wednesday 8<sup>th</sup></b> 9.30am 10.00am	<b>FERIA</b> <b>International Women’s Day</b> Exposition of The Blessed Sacrament and Rosary <i>Holy Mass – Private Intention</i>
<b>Thursday 9<sup>th</sup></b> 9.30am 10.00am	<b>FERIA</b> Exposition of The Blessed Sacrament and Rosary <i>Holy Mass – Private Intention</i>
<b>Friday 10<sup>th</sup></b> 9.30am 10.00am 10.30am 6.00pm 6.30pm	<b>FERIA</b> Exposition of The Blessed Sacrament and Rosary <i>Holy Mass – Private Intention</i> <i>Station of the Cross</i> <i>Holy Mass – Private Intention</i> <i>Station of the Cross</i>
<b>Saturday 11<sup>th</sup></b> 9.30am 10.00am 5.00pm	<b>FERIA</b> Exposition of The Blessed Sacrament and Rosary <i>Holy Mass – Private Intention</i> <i>Holy Mass – Patrick Keegan R.I.P.</i>
<b>Sunday 12<sup>th</sup></b> 8.30am 10.00am  11.00am 12.00pm	<b>THIRD SUNDAY OF LENT</b> <i>Holy Mass – People of the Parish</i> <i>Holy Mass – Protection of God and His blessing to give birth to a new baby</i> <i>Coffee and Tea – Church Hall</i> <i>Holy Mass – Michael McNicholas R.I.P.</i>

**THE SANCTUARY LAMP**

Burning this week for:

**Peace in the World**

Requests via the sacristy, recommended donation £10



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**THANK YOU FOR LAST SUNDAYS COLLECTIONS**

1<sup>ST</sup> Collection: £ 638,58

Maintenance: £ 271,94

**TOTAL: £ 910,52**

*May Our Lord reward you for your kind generosity*

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**SECOND COLLECTION**

*Please be generous in the 2<sup>nd</sup> collection which pays for the ongoing maintenance of our Church*

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**CONFESSION**

Tuesday – Friday – After 10am Holy Mass

Saturday – After 10am Holy Mass and 4.30pm-4.50pm

Sunday – 8.00-8.20am; 9.30-9.50am; 11.30-11.50am

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**FIRST HOLY COMMUNION**

**CLASSES**

The First Holy Communion classes

Saturday from 10.45am – 11.45am

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**THINGS TO DO FOR LENT**

Lent is a positive and strengthening experience ... a time to become the person you always wanted to be. Lent, we are told is a time for fasting and abstinence, almsgiving and prayer. Here are three things for you to do during Lent.

Fasting and Abstinence.

Keep your meals small and simple during Lent. This is not a slimming exercise. The thinking behind fasting and abstinence is that we strengthen our spiritual life by weakening physical pleasures. Fasting means reducing the amount of food that we would normally eat. Abstinence means not eating a particular food (meat). The law of Fasting binds all those who are between eighteen years of age and sixty years of age. The law of Abstinence binds everyone (except for the frail and the sick) once they have reached their fourteenth birthday.

Almsgiving. We are bombarded with requests for money from a huge number of charities. Identify a charity that means something to you .... find out what they do and make a contribution. If you can't afford to give money, give your time.

Prayer Our lives are so hectic that we often forget to set aside a few quiet moments in which to talk to God. During Lent, postpone breakfast television for a few moments and make a short prayer. In the evening encourage your children to say a night time prayer before bed.

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